














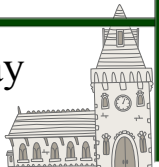

Tilsley House Activity Programme

Week Two

Updated Saturday 18 th July 2015

Morning

Afternoon

Monday	10.00	Hymn service with Enid 	3.30	Music, Song and Tea Dance
	11.30	Adapted Tai Chi with Ruth 		
Tuesday	10.30	Pampering sessions 	1.30	Ruth's Holistic Therapy  Manicures and hand massages
	12md	Mary's pre lunch hymns 		
Wednesday	10.30	Hymn service with Enid	3.30	Memory Games  Armchair Exercise with Dennis
	11.30	Updating Photograph Albums 		
Thursday	10.30	Craft workshop	2 pm	Puzzles and word games  Robin and Roy's choir practice 
	12md	Mary's pre lunch hymns 		
Friday		 Hairdressing Day	2.30	Afternoon Matinee  
Saturday	11.00	Physical Games  	4 pm	Peter's Afternoon Quiz Themed evening event (see poster)
	12md	Mary's pre lunch hymns		
Sunday	11.00	Resident's Themed Sunday service 	2 pm	Dot's Cookery Workshop 
			3 pm	Faith's Scrabble Club's table top

Please Ensure All Residents of the Home are offered Participation of Activities.

Individual person centred choice of activities offered daily