

Tilsley House Menu: Week 1 Winter

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Porridge Cereal Toast Eggs <i>(Poached or Scrambled)</i>	Porridge Cereal Toast Eggs <i>(Poached or Scrambled)</i>	Porridge Cereal Toast Eggs <i>(Poached or Scrambled)</i>	Porridge Cereal Toast Eggs <i>(Poached or Scrambled)</i>	Porridge Cereal Toast Eggs <i>(Poached or Scrambled)</i>	Porridge Cereal Toast <i>Eggs</i> <i>(Poached or scrambled)</i>	Porridge Cereal Toast Eggs <i>(Poached or Scrambled)</i>
Lunch (x2 options each day)	Ham Fishcakes Chips Veg Stewed Apple & Custard Fruit Cocktail	Minted Lamb Pork Casserole Saute Potatoes Veg Rice Pudding Cheesecake	Roast Pork Chicken Roast Potatoes Veg Apricot Sponge & Custard Apple Crumble & Custard	Shepherds Pie Sausages & Mash Veg Banana & Custard Angel Delight	Fish Sausages Veg Chips Gateau & Cream Fruit & Cream	Chicken & Mushroom Pie Omelette/Frittata Veg Fruit Flan Sponge & Custard	Roast Beef Roast Chicken Roast Potatoes Veg Sponge & Custard Ice Cream
Supper	Soup Sandwiches Crisps Cake	Hot Dog & Onions Sandwiches Crisps Cake	Scrambled Eggs Sandwiches Crisps Cake	Soup Sandwiches Crisps Cake	Sausage Rolls Sandwiches Crisps Cake	Spaghetti On Toast Sandwiches Crisps Cake	Toasted Tea Cake Sandwiches Crisps Cake

Please Note: Lists of all Dishes and Allergens can be obtained from Tilsley House's kitchen. Our menus are updated seasonally. We also provide alternative food and meal options which can be tailored to each individual including vegetarian and vegan options. We also provide specialist dishes for individual's requiring a soft diet.

Tilsley House Menu: Week 2 Winter

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Porridge Cereal Toast Eggs <i>(Poached or Scrambled)</i>	Porridge Cereal Toast Eggs <i>(Poached or Scrambled)</i>	Porridge Cereal Toast Eggs <i>(Poached or Scrambled)</i>	Porridge Cereal Toast Eggs <i>(Poached or Scrambled)</i>	Porridge Cereal Toast Eggs <i>(Poached or Scrambled)</i>	Porridge Cereal Toast Eggs <i>(Poached or scrambled)</i>	Porridge Cereal Toast Eggs <i>(Poached or Scrambled)</i>
Lunch (x2 options each day)	Sausages & Onion Gravy Liver & Onions Mash Veg Bread & Butter Pudding Peaches & Cream	Chicken Casserole Fish Pie Saute Potatoes Veg Stewed Apple & Custard Chocolate Sponge & Custard	Roast Lamb Chicken Roast Potatoes Veg Sponge & Custard Fruit Cocktail & Cream	Beef Stew Pork & Apple Mash Veg Apple Crumble & Custard Jelly & Ice Cream	Cod Sausages Chips Veg Rice Pudding Gateau	Steak Pie Sausages Mash Veg Sponge & Custard Apricot & Cream	Roast Pork Roast Potatoes Salmon Veg Arctic Roll Gateau
Supper	Fish Fingers & Beans Sandwiches Crisps Cake	Pasta Bake Sandwiches Crisps Cake	Soup Sandwiches Crisps Cake	Beans on Toast Sandwiches Crisps Cake	Corned Beef Hash Sandwichse Crisps Cake	Hot Dogs & Onions Sandwiches Crisps Cake	Toasted Tea Cake Sandwiches Crisps Cake

Please Note: Lists of all Dishes and Allergens can be obtained from Tilsley House's kitchen. Our menus are updated seasonally. We also provide alternative food and meal options which can be tailored to each individual including vegetarian and vegan options. We also provide specialist dishes for individual's requiring a soft diet.

Tilsley House Menu: Week 3 Winter

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Porridge Cereal Toast Eggs <i>(Poached or Scrambled)</i>	Porridge Cereal Toast Eggs <i>(Poached or Scrambled)</i>	Porridge Cereal Toast Eggs <i>(Poached or Scrambled)</i>	Porridge Cereal Toast Eggs <i>(Poached or Scrambled)</i>	Porridge Cereal Toast Eggs <i>(Poached or Scrambled)</i>	Porridge Cereal Toast Eggs <i>(Poached or scrambled)</i>	Porridge Cereal Toast Eggs <i>(Poached or Scrambled)</i>
Lunch (x2 options each day)	Cottage Pie Sausages & Mash Veg Egg Custard Tart Angel Delight	Pork in Cider Beef & Mushroom Saute Potatoes Veg Jam & Coconut Sponge & Custard Peaches & Cream	Roast Gammon Salmon Roast Potatoes Veg Stewed Apples & Custard Gateau & Cream	Chicken Casserole Beef & Mushroom Mash Veg Bakewell Tart Jelly & Ice Cream	Fish Sausages Chips Veg Apple Crumble Fruit Cocktail & Cream	Meat Balls Haddock & Parsley Sauce Mash Veg Rice Pudding Sponge & Custard	Roast Chicken Sausages Roast Potatoes Veg Fruit Flan Gateau
Supper	Sardines on Toast Sandwiches Crisps Cake	Pasta Bake Sandwiches Crisps Cake	Soup Sandwiches Crisps Cake	Scrambled Egg Sandwiches Crisps Cake	Soup Sandwiches Crisps Cake	Beans on Toast Sandwiches Crisps Cake	Toasted Tea Cake Sandwiches Crisps Cake

Please Note: Lists of all Dishes and Allergens can be obtained from Tilsley House's kitchen. Our menus are updated seasonally. We also provide alternative food and meal options which can be tailored to each individual including vegetarian and vegan options. We also provide specialist dishes for individual's requiring a soft diet.

Tilsley House Menu: Week 4 Winter

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Porridge Cereal Toast Eggs <i>(Poached or Scrambled)</i>	Porridge Cereal Toast Eggs <i>(Poached or Scrambled)</i>	Porridge Cereal Toast Eggs <i>(Poached or Scrambled)</i>	Porridge Cereal Toast Eggs <i>(Poached or Scrambled)</i>	Porridge Cereal Toast Eggs <i>(Poached or Scrambled)</i>	Porridge Cereal Toast Eggs <i>(Poached or scrambled)</i>	Porridge Cereal Toast Eggs <i>(Poached or Scrambled)</i>
Lunch (x2 options each day)	Lamb Hot Pot Sausages & Mash Mash Veg Banana & Custard Sponge & Custard	Shepherds Pie Vegetarian Sausages Saute Potatoes Veg Spotted Dick Peaches & Cream	Roast Pork Chicken Roast Potatoes Veg Jelly & Ice Cream Bakewell Tart	Beef Casserole Meat Balls Mash Veg Lemon Meringue Jelly & Ice Cream	Fish Sausages Chips Veg Rhubarb Crumble Sponge Custard	Pasta Bolognaise Chicken Pie Potatoes Veg Boiled Fruit Cake Fruit Cocktail & Cream	Roast Lamb Chicken Roast Potatoes Veg Chocolate Brownie Fruit Flan
Supper	Soup Sandwiches Crisps Cake	Scrambled Egg Sandwiches Crisps Cake	Beans on Toast Sandwiches Crisp Cake	Fish Fingers Sandwiches Crisps Cake	Soup Sandwiches Crisps Cake	Beans, Mash & Cheese Sandwiches Crisps Cake	Toasted Tea Cake Sandwiches Crisps Cake

Please Note: Lists of all Dishes and Allergens can be obtained from Tilsley House's kitchen. Our menus are updated seasonally. We also provide alternative food and meal options which can be tailored to each individual including vegetarian and vegan options. We also provide specialist dishes for individual's requiring a soft diet.